



# Work life balance from the young professional

August 2021



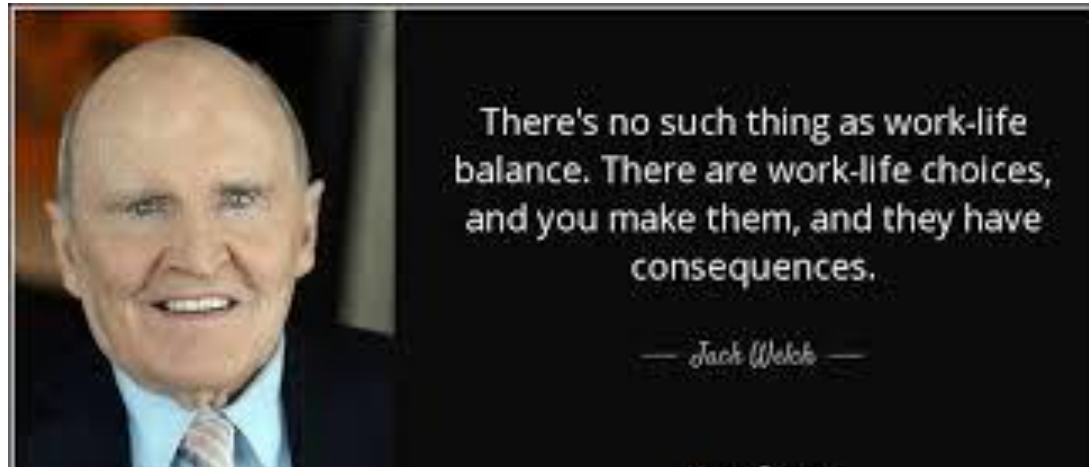
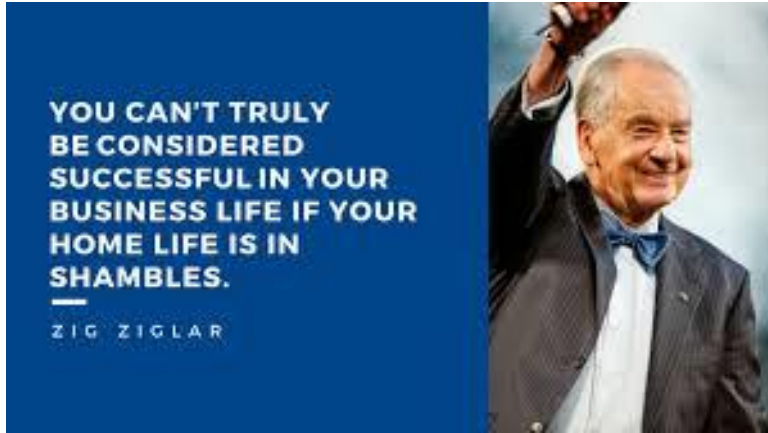
**YPF**

Young Professionals Forum



#YPIMBIZO

# Subjective topic

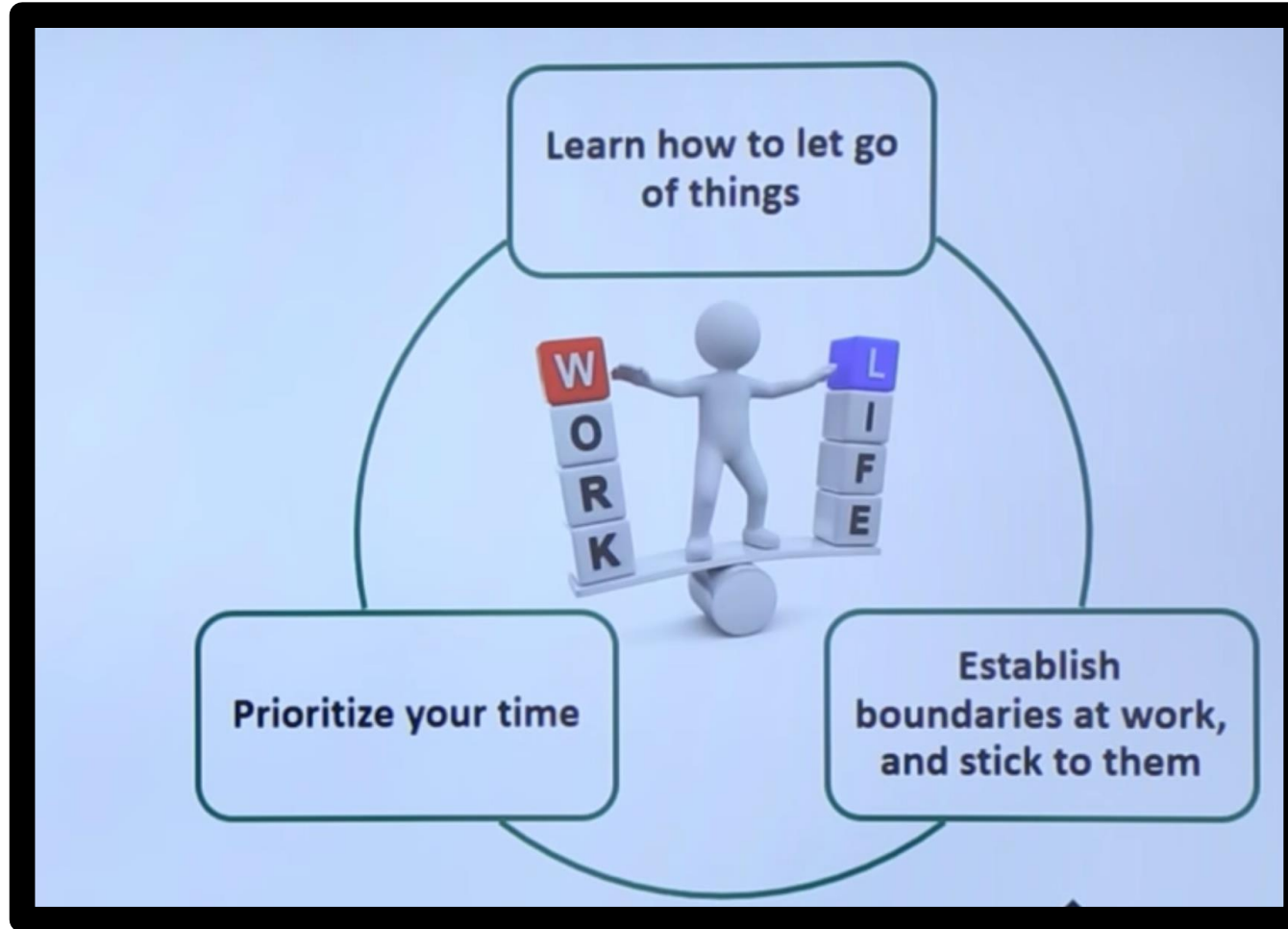




I don't know anyone who said on their deathbed: 'Gee, I wish I'd spent more time at the office.'

— *Peter Lynch* —

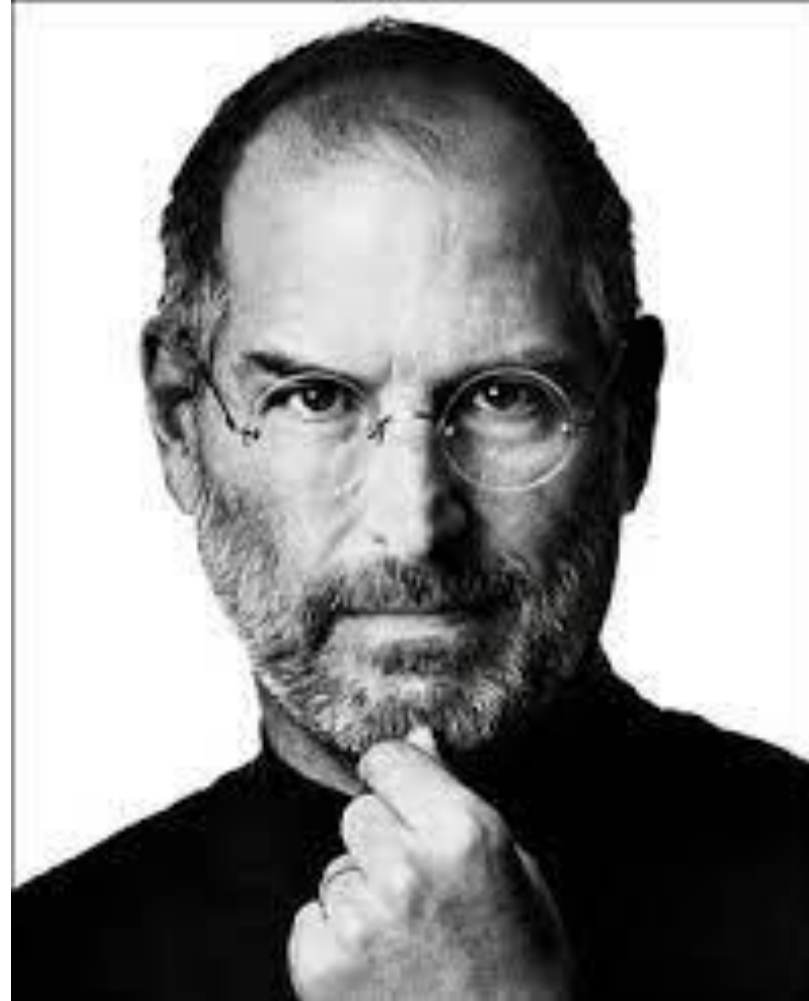
# Strategies and tools



# Focus

IT'S ONLY BY SAYING "NO"  
THAT YOU CAN CONCENTRATE  
ON THE THINGS  
THAT ARE REALLY IMPORTANT.

STEVE JOBS



# Personal Approach

- **Purposeful projects and activities.**
- **Impact, move the needle.**
- **Entrepreneurs dilemma struggle.**

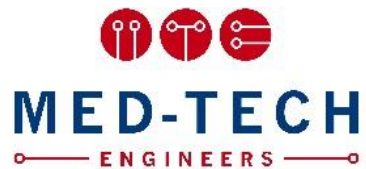


Begin with  
the **end in mind.**

— *Stephen Covey*



# Thank You!





# Introducing

## Refilwe Lediga

BBC BE CHAIRPERSON  
RESEARCHER at SMaCT

Insert Speaker information here

Refilwe  
**Lediga**